

Foundation in Moral Values

SYLLABUS

Unit No.	Unit	Sub Unit	No. of Period
I	A. Concept of Human Values, Value Education Towards Personal Development	a) Aim of education and value education b) definition of values and ethics Evolution of value oriented education Concept of Human values and types of values c) Components of value education	06
	B. Personal Development	a) Self analysis and introspection sensitization towards gender equality, physically challenged, intellectually challenged. Respect to - age, experience, maturity, family members, neighbors, co-workers.	
	C. Character Formation towards Positive Personality	a) Truthfulness, honesty, hardworking, positive attitude, Constructively, Sacrifice, Sincerity, Self Control, Altruism, Tolerance, Scientific Vision.	
II	Value Education towards National and Global Development	<p align="center">National and International Values</p> a) Constitutional or national values - Democracy, socialism, secularism, equality, justice, liberty, freedom and fraternity. b) Social Values - Pity and probity, self control, universal brotherhood. c) Professional Values - Knowledge thirst, sincerity in profession, regularity, punctuality and faith. d) Religious Values - Tolerance, wisdom, character. e) Aesthetic values - Love and appreciation of literature and fine arts and respect for the same. National Integration and international understanding.	06
III	Impact of Global	a) Conflict of cross-cultural influences, mass	06

	Development on Ethics and Values	<p>media, cross-border education, materialistic values, professional challenges and compromise.</p> <p>b) Modern Challenges of Adolescent Emotions and behavior;</p> <p>c) Sex and spirituality: Comparison and competition; positive and negative thoughts. Adolescent Emotions, arrogance, anger, sexual instability, selfishness, defiance.</p>	
IV	Therapeutic Measures	<p>Control of the mind through</p> <p>a. Simplified physical exercise</p> <p>b. Meditation – Objectives, types, effect on body, mind and soul</p> <p>c. Yoga – Objectives, Types, Asanas</p> <p>d. Activities:</p> <p>(i) Moralization of Desires</p> <p>(ii) Neutralization of Anger</p> <p>(iii) Eradication of Worries</p> <p>(iv) Benefits of Blessings</p>	06
V	Human Rights	<p>1. Concept of Human Rights – Indian and International Perspectives</p> <p>a. Evolution of Human Rights</p> <p>b. Definitions under Indian and International documents</p> <p>2. Broad classification of Human Rights and Relevant Constitutional Provisions.</p> <p>a. Right to Life, Liberty and Dignity</p> <p>b. Right to Equality and freedom of expression.</p> <p>c. Right against Exploitation</p> <p>d. Cultural and Educational Rights</p> <p>e. Economic Rights</p> <p>f. Political Rights</p>	08

	<p>g. Social Rights</p> <p>3. Human Rights of Women and Children</p> <p>a. Social Practice and Constitutional Safeguards</p> <p>(i) Female Foeticide and Infanticide</p> <p>(ii) Physical assault and harassment</p> <p>(iii) Domestic violence</p> <p>(iv) Conditions of Working Women</p> <p>4. Institutions for Implementation</p> <p>a. Human Rights Commission</p> <p>b. Judiciary</p> <p>5. Violations and Redressal</p> <p>a. Violation by State</p> <p>b. Violation by Individuals</p> <p>c. Nuclear Weapons and terrorism</p> <p>d. Safeguards.</p>	
--	--	--



PRINCIPAL

**PADMASHRI VIKHE PATIL COLLEGE,
PAVARANAGAR, A/P. LONI TAL. RAHATA**