



# National Cadet Corps: 2016-17

A Report on various activities taken by

**Padmashri Vikhe Patil College of Arts, Science and Commerce,  
Pravaranagar- 413 713 (NCC Unit)**

Our college has separated NCC Unit for Boys and Girls. Boys NCC Unit is attached to 57 Maharashtra Battalion NCC Ahmednagar while Girls NCC Unit is attached to 7 Girls Maharashtra Battalion NCC Aurangabad. Boys (53) and Girls NCC (53) unit of the college have intake capacity of 106 cadets.

**Our NCC Pledge:** We the cadet of the National Cadet Corps, do solemnly pledge that we shall always uphold the unity of India. We resolve to be disciplined and responsible citizen of our nation. We shall undertake positive community service in the spirit of selflessness and concern for our fellow beings.

The NCC is a responsive, learning and continuously evolving organization. Its activity is guided by certain core values that we endeavor to instill among all ranks of the NCC. These include the following:

- A sense of patriotic commitment to encourage cadets to contribute to national development.
- Respect for diversities in religion, language, culture, ethnicity, life style and habitat to instill a sense of National unity and social cohesion.
- Abiding commitment to learn and adhere to the norms and values enshrined in the Indian Constitution.
- Understanding the value of a just and impartial exercise of authority.
- Ability to participate in community development and other social programme.
- A healthy life style free of substance abuse and other unhealthy practices.
- Sensitivity to the needs of poor and socially disadvantaged fellow citizens.
- Inculcating habits of restraint and self-awareness.
- Understanding the values of honesty, truthfulness, self-sacrifice, perseverance and hard work.
- Respect for knowledge, wisdom and the power of ideas.





The 'Aims' of the NCC have stood the test of time and continue to meet the requirements expected of it in the current socio-economic scenario of the country. The NCC aims at developing character, comradeship, discipline, a secular outlook, the spirit of adventure and ideals of selfless service amongst young citizens. Further, it aims at creating a pool of organized, trained and motivated youth with leadership qualities in all walks of life, who will serve the Nation regardless of which career they choose. Needless to say, the NCC also provides an environment conducive to motivating young Indians to join the armed forces.

### Activities for the Academic Year 2016-17

Sr. No.	Name of the Activity	Place	Remark
1.	Mixed Annual Training Camp SD/SW	Ahmednagar and Aurangabad	43 cadets attended the camp
2.	NCC TSC Selection Camp SD/SW	Ahmednagar	08 cadets attended the camp
3.	Tree plantation program	Nizarneshwar	All cadets participated
4.	Independence day	College campus and PPS ground	<ul style="list-style-type: none"> <li>All cadets are participated in NCC parade for celebration of the Independence Day.</li> <li>Parade Commander: SUO Amol Gunjal.</li> <li>Troop Commander: JUO. Gitanjali Kangune.</li> </ul>
5.	NCC TSC Selection Camp SD/SW/JD/JW	Amaravati	01 cadets participated
6.	Group selection camp-RDC	Ahmednagar	07 cadets participated One cadet was selected for further camp
7.	Visit of Col. S. S. Gusain to NCC office	PVP College	Guidance of B & C Cert Examination
8.	Republic day	College ground as well as PPS ground	<ul style="list-style-type: none"> <li>All cadets are participated in NCC parade for celebration of the Republic day.</li> <li>Parade Commander: SUO Harshal Kharde.</li> <li>Troop Commander: JUO. Amol Dhokchaule.</li> </ul>
9.	Annual gathering	College ground	Cadets are participated in



			cultural programme and presented a dance/ solo song in annual social gathering.
10.	Fun-Run for health, Mini-marathon	B.P.Ed College ground, Loni	64 cadets participated
11.	Annual Prize Distribution	PVP College	Best senior and junior under officer, Best NCC cadet and RD parade, New Delhi participated cadet awards were given to the cadets
12.	"B" and "C" certificate examination	Sarda College, Ahmednagar	NCC boys and girls cadets appeared for the 'B' and 'C' certificate examination.

### NCC Cadet of our college selected in Indian Army:

- Sagar Mahale
- Vaibhav Khairnar.

### Cadets Participated in RDC/TSC, New Delhi:

Sr. No.	Name of the activity	Name of the Award/ recognition	Name of the Awarding government/ recognized bodies	Year of award
2	TSC, New Delhi, 19th Sept 16 to 30th Sept 2016	Bhushan Bharat Sawant, Represented his NCC Directorate at the Annual NCC Republic Day Camp and the Prime Minister Rally held at New Delhi.	Director General, National Cadet Corps	2016-17
3	RDC, New Delhi, 1st Jan 17 to 29th Jan 2017	Ghogare Pankaj Gorakshnath, Represented his NCC Directorate at the Annual NCC Republic Day Camp and the Prime Minister Rally held at New Delhi.	Director General, National Cadet Corps	2016-17





## Organization of University Level Seminar

- NCC Unit of the College Organized One Day University Level Seminar on National Cadet Corps Meet at Friday, 23 December 2016.

## Community Development Activities/Social Services

Number of extension and outreach programs conducted through NCC in collaboration:

Sr. No.	Name of the activity	Organizing unit/ agency/ collaborating agency	Year of the activity	Number of ANO/ teachers participated in such activities	Number of Cadets participated in such activities
1	Blood Donation Programme	NCC Unit of the College in Collaboration with Pravara Medical Trust Pravaranagar	2016-17	2	48
2	NCC Cadets Cycle Rally (for Social Awareness, Cleanliness and Tree plantation) and one day visit to the NSS winter camp: 2016-17 (Durgapur)	National Cadet Corps Unit of the College in collaboration with NSS Unit	2016-17	2	93

No. of Cadets participating in extension activities:

Name of the activity	Organizing unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of ANO/teachers participated in such activities	Number of Cadets participated in such activities
Tree plantation programme(Vanmahotsav) at College Campus	NCC unit and NSS unit of the college	Tree plantation programme	2016-17	2	86
Clean and Healthy India Campaign	NCC unit and NSS unit of the college	Clean India Campaign	2016-17	2	106
International Yoga Day	NCC Unit of the College and 57 Maharashtra BN NCC Unit of Pravara Sector		2016-17	6	344



**Lt. Rajendra S. Pawar**  
(Associate NCC Officer)  
**COMPANY COMMANDER**  
57 MAH BN NCC(BOYS)  
Padmeshri Vikhe Patil College  
Pravaranagar  
Dist.Ahmednagar-413713



## Blood Donation Camp

(2016-17)

NCC Unit of the Padmashri Vikhe Patil College of Arts, Science and Commerce, Pravaranagar organized the Blood Donation Camps in collaboration with Pravara Medical Trust, Loni at 27<sup>th</sup> July 2016 and 5<sup>th</sup> January 2017. In this camps Cadets of NCC Unit, Volunteers of National Service Scheme, Students, Teaching and Non-teaching staff of the college took actively participation for Blood Donation. In this camp total 48 blood bags were collected from NCC cadets.

Doctors from Pravara Medical Trust, Loni told the detail information and benefits of the blood donation in the beginning of the camp. Doctor told the cadets, one has to wait for 56 days or 8 weeks between whole blood donations. The waiting period is 112 days or 16 weeks between power red donations. Avoid donation if you're suffering from any disorders, and consult your doctor before doing it. You can donate one unit or 350 ml of blood every 8 weeks. Organizations such as American Red Cross organize donation camps where one can participate and donate blood. You can also donate blood at any hospital. Donor's age must be between 18-60 years and their weight should be more than 45 kgs to be able to donate blood. Any healthy person can donate blood after the required gap of 56 days. This wait time helps replenish the blood levels in the donor's body. Individuals below the age of 18 and above 60 and with weight lower than 110 lbs cannot donate blood. A person with active infection, acute infection or diseases like HIV AIDS should not donate blood. It is advisable to consult a doctor and share medical history before going for blood donation.

During this camp Principal Dr. P.M. Dighe told that, the joy of saving someone's life is incomparable to anything else in this world. You may eat, drink, dance and make merry in all possible ways and yet the joy and satisfaction received from the altruistic task of saving someone's life cannot be compared to anything at all. You may have often heard or read about 'Blood Donation'. Very often communities, offices or organizations organize blood donation camps. Also, often times it happens that people require donating blood to their friends, relatives or family members in need of blood. Have you ever donated blood? Are you aware of the importance of blood donation? Many people have misconceptions about blood donation. They fear losing their physical strength. It is sad to see people unfamiliar with the blood donation facts. Blood donation not only helps save lives, but it is also beneficial for the health of the donor. If you have never donated blood, you know the importance of blood donation and should certainly step forward to do this altruistic task and reap the benefits of blood donation.





# Photographs...





• Reg. No. MAH-183-A/Nagar dated 28-12-1972  
(Societies Reg. Act 1860)

• Reg. No. F-132-A/Nagar, Bombay Public Trust Act -  
1950 dated 28-02-1973

• Reg. No. Ab-024-dated-14-06-2006  
(Bombay Nursing Home Act - 1949)



PRAVARA MEDICAL TRUST'S

## PRAVARA RURAL HOSPITAL

LONI - 413736, (Near Shirdi)

Tal. Rahata, Dist. Ahmednagar (Maharashtra) India

Phone :

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Home Page : <http://www.pmtprh.org>

To,

**Prof. Lt. Rajendra S. Pawar / Capt. Sujata Deore**

Associate NCC Officer.

Padmashri Vikhe Patil College Pravaranagar,  
A/P-Loni (Kd) Tal- Rahata, Dist-Ahmednagar  
Pin-413736

**Respected Sir,**

This is to express our sincere thanks to you for extending all possible help in organizing Blood Donation Camp at Padmashri Vikhe Patil College Pravaranagar, A/P-Loni (Kd). On 27/7/2016.

The Camp was a great Success. We once again thank you for the efforts put in by one and all to make this camp successful. We also extend our best wishes for Success in your future on devour too.

Thanking You



*[Signature]*  
Incharge

Blood Bank,

Pravara Medical Trust, Loni  
I/C BLOOD BANK  
PMT/PRH,LONI

**DONATE BLOOD -SAVE LIFE**



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*[Signature]*  
COMPANY COMMANDER  
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Pravaranagar  
Dist.Ahmednagar-413713



• Reg. No. MAH-103-A/Nagar dated 28-12-1772  
(Bombay Reg. Act 1860)

• Reg. No. F-138-A/Nagar, Bombay Public Trust Act -  
1950 dated 28-03-1973

• Reg. No. Ab-024-dated-14-06-2006  
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Email : contact@pmtprh.org; pravara@bom3.vsnl.net.in

Home Page : <http://www.pravara.org>

Date: 06/1/2017

To,

Prof. Lt. Rajendra S. Pawar / Capt. Sujata Deore

Associate NCC Officer.

Padmashri Vikhe Patil College Pravaranagar,

A/P-Loni (Kd) Tal- Rahata, Dist-Ahmednagar

Pin-413736

Respected Sir,

This is to express our sincere thanks to you for extending all possible help in organizing Blood Donation Camp at Padmashri Vikhe Patil College Pravaranagar, A/P-Loni (Kd). On 05/1/2017.

The Camp was a great Success. We once again thank you for the efforts put in by one and all to make this camp successful. We also extend our best wishes for Success in your future on devour too.

Thanking You

Incharge

Blood Bank,

Pravara Medical Trust, Loni

17C BLOOD BANK

PMT/PRH,LONI



DONATE BLOOD -SAVE LIFE



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## **NCC Cadets Cycle Rally (2016-17)**

NCC Boys and Girls Unit of the college organized Cycle Rally for Social Awareness, Cleanliness and Tree plantation. NCC cadets also visited to the NSS winter camp, Durgapur at 17<sup>th</sup> December 2016.

In the Cycle Rally and NSS winter camp visit NCC cadets were participated in the following activities.

- **Social Awareness:** NCC cadets were participated in the social awareness programmes in the camp visit. NCC cadets participated with NSS volunteers for awareness of Daily exercise, Yoga, Value education, Self-discipline, Health awareness, Cleanliness, Save Girl Child Campaign, Awareness about Laws, Personality development, National Integration, etc. activities.
- **Village Cleanliness:** Various premises such as Grampanchayat, Society, Primary School, High School, and Cleanliness around temple area sides of road were cleaned by NCC cadets with NSS volunteers to keep forward the main idea of camp visit.
- **Trees Plantation:** Trees plantation programme was organized by NCC cadets with NSS volunteers at the primary school, high school and temple premise. Different Medicinal and Coconut trees were planted.

The 93 Cadets of NCC Unit of the college are actively participated in the Cycle Rally Organized for Social Awareness, Cleanliness and Tree plantation.





## Photographs...







*[Signature]*

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## **Tree Plantation Programme Report: 2016-17**

On 1<sup>st</sup> July 2016 the tree plantations work done by the NCC Cadets at Nizarneshwar and also in the College campus. On the opening of these Programme Principal Dr. P.M. Dighe shared the information about tree plantation. He explained in his speech that, the trees are extremely important and have always been needed for developing the human condition and lifestyle. It doesn't make a bigger believe that without trees we humans would not exist on this beautiful earth. So, trees are important for life as we know it and are the earth troops creating up an environmental Frontline.

Prof. D. G. Thorat told that, there are various importance of trees such as Trees Produce Oxygen, Trees Clean the Soil, Trees Control Noise Pollution, Trees Slow Storm Water Runoff, Trees Are Carbon Sinks, Trees, Shade and Cool, Trees Act as Windbreaks, Trees Fight Soil Erosion, Trees Increase Property Values and many more.

Dr. R. G. Rasal explained that, as already described the importance of trees and benefits of trees, there are also numeral of the benefits of the trees except mention above such as Save Water, conserve energy, reduce violence, add unity, provide wood and save earth from an earthquake. You should participate in PlantyourTrees.com to "Save Trees to Save Life". Save trees to reduce global warming, reduce the carbon footprint and pollution as well as a clean environment.

On this occasion 86 NCC Boys and Girls cadets and villagers took actively part in the tree plantation Programme. 65 trees of Coconut and various medicinal plants were planted during this programme. Capt. Sujata Deore and Lt. Rajendra Pawar get efforts for successful conduction of tree plantation programme.

### **Photographs of Tree Plantation Programme...**







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## **Clean and Healthy India Campaign**

**(1<sup>st</sup> to 7<sup>th</sup> August 2016)**

Savitribai Phule Pune University and P.V.P. College Pravaranagar NCC / NSS Unit co-cordially organized the clean and Healthy Indian campaign of 7 days.

In which following programmes were conducted.

1. 1<sup>st</sup> August 2016. On this day the oath of cleanliness were taken by the NCC Cadets.
2. 2<sup>nd</sup> – 6<sup>th</sup> August 2016. During this period under cleanliness campaign Grounds, Lawns, Roads, Laboratories, Library, Mango garden, Botanical garden and classrooms were cleaned by the NCC Cadets.
3. 7<sup>th</sup> August 2016. On this day meeting was conducted of NCC Unit cadets regarding the cleanliness and information was provided to the volunteers on how to keep our area clean in future. For this programme Principal Dr. P.M.Dighe, Vice principal Prof. D.G. Thorat and Dr. R.G Rasal were present.

Principal Dr. P. M. Dighe sir explained to cadets that, The importance of cleanliness in our lives cannot be denied. Maintaining a clean environment is for the health of all humans, as their health completely depends on the atmosphere. A bad environment is solely responsible for spoiling the health of the people around. Dirt and disease go together. Pathogens breed and thrive in dirt; and the epidemic diseases which sweep over our country are generally the results of dirty habits and surroundings. Cleanliness is an absolute necessity for one's self- respect and image – the same can be easily applied to a facility, business or establishment. We must maintain the cleanliness of our bodies, homes, buildings, surroundings and environment to have good health.

Dr. R. G. Rasal told that, cleanliness is next to Godliness, is a very famous saying. It instantly connects the word cleanliness into something religious, pure, sacred and divine. But it is not so, in this modern era cleanliness has got several different interpretations to it. It is not merely a religious deed anymore. With the emergence of more and more inventions and industrialization, there has been a significant rise in germs, diseases, and resultant deaths. That is why cleanliness and hygiene at workplace plays a very important role.






## Photographs...







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## **International Yoga Day (21<sup>st</sup> June 2016)**

NCC Unit of the PVP College, Pravaranagar organized the third International Yoga Day at 21<sup>st</sup> June 2016. In this programme 6 Associate NCC Officers and 344 Cadets of the Pravaranagar Sector (57 Maharashtra Battalion NCC, Ahmednagar) are actively participated.

In that International Yoga Day programme Principal Dr. P.M. Dighe told the importance of Yoga. An important element of yoga is- to focus. It has been found that regular practice of yoga helps improve coordination, reduces reaction time, and improves memory. People, who do yoga with great focus, do not get distracted easily by people or by other things. Regular practice of yoga increases the ability of your body, of what it is doing and where it is present in space and improves body balance. Better balance means fewer falls and fewer injuries. The art of practicing yoga helps in controlling an individual's mind, body and soul. It brings together physical and mental disciplines to achieve a peaceful body and mind; it helps manage stress and anxiety and keeps you relaxing. It also helps in increasing flexibility, muscle strength and body tone. It improves respiration, energy and vitality. Practicing yoga might seem like just stretching, but it can do much more for your body from the way you feel, look and move.

The Yoga instructor Mr. Deepak Jadhav explained to the cadets that, Yoga asana build strength, flexibility and confidence. Regular practice of yoga can help lose weight, relieve stress, improve immunity and maintain a healthier lifestyle. Human beings are made up of three components—body, mind and soul corresponding these there are three needs—health, knowledge and inner peace. Health is physical need, knowledge is our psychological needs and inner peace is spiritual need when all three are present then there is harmony. Yoga gives us relief from countless ailments at the physical level. The practice of the postures (asans) strengthens the body and creates a feeling of well being. From the psychological view point, yoga sharpens the intellect and aid in concentration; it steadies the emotions and encourages a caring for others. The practice of breathing techniques (pranayam) calms the mind. In the realm of the spiritual yoga brings awareness and the ability to be still. Through meditation inner peace is experienced. Thus, yoga is a practical philosophy involving every aspect of a person's being. It teaches the evolution of the individual by the development of self-discipline and self awareness. Anyone irrespective of age, health circumstances of life and religion can practice yoga. Yoga helps to discipline our sense of power with the power of our own.

To carry out this programme smoothly Dr. P.M. Dighe, Prof. D.G. Thorat, Dr. R.G. Rasal, Prof. Mrs. C. S. Galande, Capt. Sujata Deore and Lt. Rajendra S. Pawar and took special efforts.

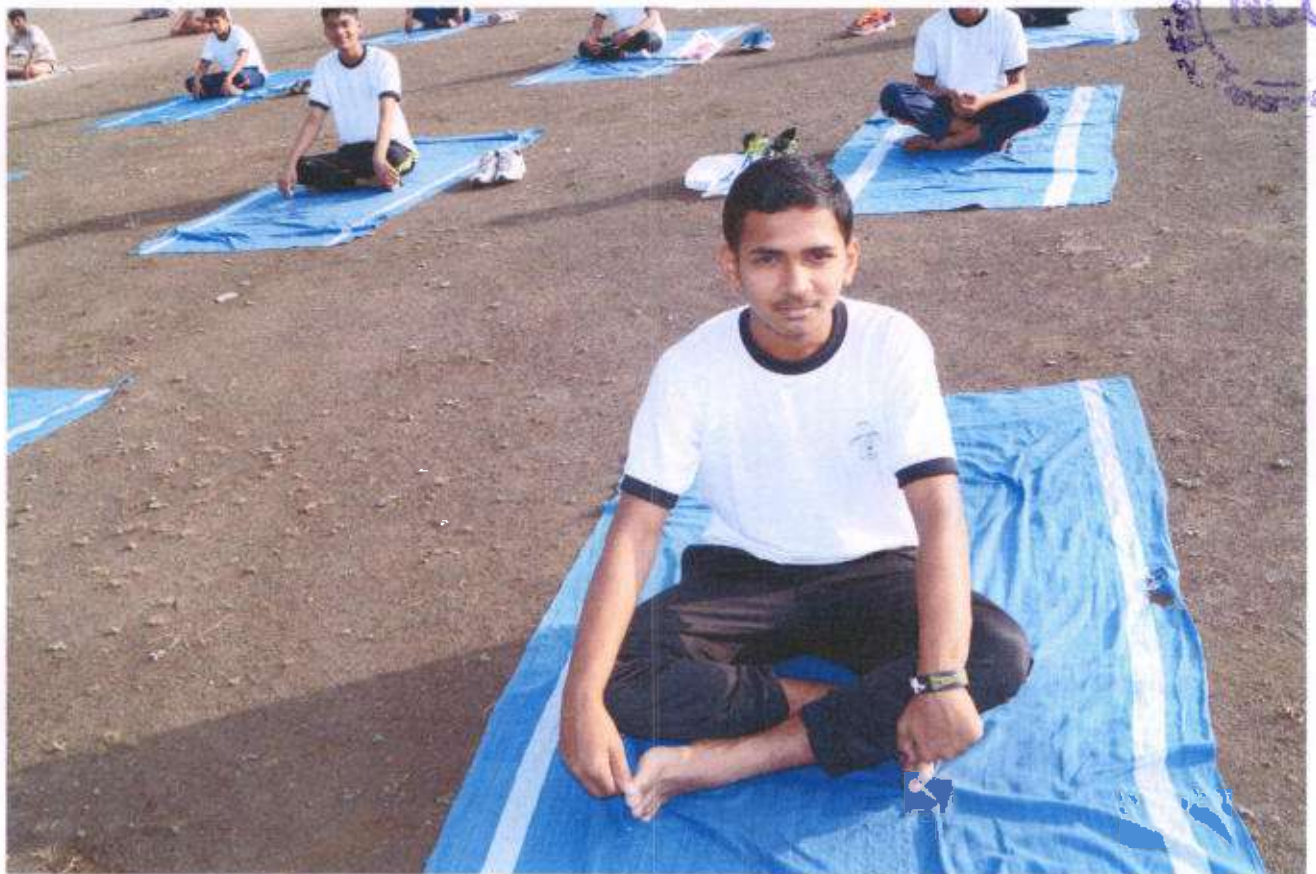




## Photographs...







*[Signature]*  
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**Dist.Ahmednagar-413713**



## **University Level One Day Workshop on National Cadet Corps Meet**

NCC Unit of the College Organized University Level One Day Workshop on National Cadet Corps Meet at Friday, 23 December 2016.

The workshop was aim at providing NCC cadets an opportunity to discuss the Career Opportunities in Indian Military Forces. The Inauguration function of the workshop was started at 10:00 am. Dr. P. M. Dighe, Principal of the college delivered the welcome speech. He talked about the achievements, progress and infrastructural facilities available in the college. His speech was followed by the introductory talk of Prof. Lt. Rajendra S. Pawar, Associate NCC Officer, PVP College, Pravaranagar. Lt. Rajendra Pawar put forth the theme of the workshop on NCC Meet and introduced the guest and dignitaries present at the function. After garlanding the portrait of Padmashri Dr. Vitthalrao Vikhe Patil, a founder father of Pravara Rural Education Society, the workshop was enlightens the traditional lamp. Hon'ble Maj. Gen. Neeraj Bali (Regt.) and CEO, Pravara Rural Education Society, Pravaranagar guided the NCC cadets on various career opportunities in the Indian forces and expected constructive outcomes of the workshop in his speech.

In this workshop following resource persons are invited and they given valuable guidance for the present NCC cadets. **Col. S. S. Gusain**, Commanding Officer, 57 MAH BN NCC, Ahmednagar motivated cadets for actively participation in various NCC activities. **Dr. Prasad Rasal**, Sai Swami Homeoclinic, Sangamner given talk on **"Health and Homeopathy"**. **Prof. S. S. Gadkari**, Vice Principal, Arts, Science and Commerce College, Rahuri given talk on **"Life Skills"** may be helpful to the students while preparing for their examinations. **Capt. Dr. Arun H. Gaikwad**, Vice Principal, Sangamner College given talk on **"Role of Youth in Cashless Economy"**, **Prof. B. N. Shinde**, Ahmednagar given talk on **"Personality Development"** and **Major. P. B. Chaudhari**, B.S.T. College, Sangamner given guidance for preparing 'B' and 'C' certificate examinations which may be helpful to the cadets for their examinations.





## Photographs of NCC Meet Workshop

































